



If you have a salad for lunch and an apple after dinner, you might think you're eating a healthy diet. Or maybe you're one who eats a burger and fries with ketchup and

believes you've met your daily nutritional requirements for fruit, vegetables and protein.

The fact is, most of us today don't get the fiber or nutrients we need from our diet. Our food industry has learned to give us what we've asked for - and what sells best - the three things our taste buds crave the most: fats, sweets and salt. Moreover, modern food processing methods and the depletion of our soils has destroyed much of the nutrient value in our foods. Our bodies are starving for critical nutritional elements; the result is that heart disease, cancer and diabetes are epidemic. We've come to expect that we will eventually die from either a diseased heart or cancer. We forget that there was a time when these diseases were rare; that in some cultures today, they still are.

Current research shows that over half of these deaths are preventable. That bears repeating: *Half of the people who are going to die from cancer or heart disease can avoid succumbing to that fate by making the necessary diet and lifestyle changes.* Up to now, the problem has been that the hectic, fast-paced lives we lead made such changes arduous. Many of us believe we should be taking supplements but we're baffled by the vast array available in our health food stores. Not only are we not educated about our nutritional needs, neither are most of our doctors. Moreover, our needs differ, depending upon our gender, age, lifestyle, medical condition, the environmental conditions to which we are exposed and the genetic make-up of our parents.

An answer is to be found in **nutraceuticals**, a new category in the fields of alternative and preventive health care that has emerged over the last decade. **Rexall**, a major force in pharmaceuticals since 1903, has combined forces with **Royal Numico**, the largest nutritional company in the world to form the nutritional powerhouse, **Unicity**. Combining their two centuries of expertise, Unicity offers a solution to our problem, bringing to market simple and synergistic formulations with safe, natural ingredients based on sound science. Heart disease, cancer and diabetes are the leading causes of premature death in America today. This is why we are witnessing a change toward wellness medicine and seeking ways to prevent illness. Rexall's nutraceuticals are gender and lifestyle driven and target the diseases and habits that are stealing our health and our lives.

## Lower Your Risk of Heart Disease

**Rx for Life™ Daily Basics** includes a month's supply of **Bios Life 2®** nutrient drink packets, **Nature Force®** antioxidant phyto-nutrient tablets and **Optimal Performance™**, to enhance energy. This safe, natural, palatable formulation, developed at Stanford University., is comprised of a patented matrix of 5 fibers and calcium carbonate producing a product *9 times more effective at helping to maintain healthy cholesterol levels than common, single fibers.* In clinical studies, Bios Life 2® has been proven highly successful in reducing serum cholesterol without adverse side effects. Bios Life 2® also contains "ChromeMate®", a highly bio-available and patented form of niacin-bound chromium shown to improve blood sugar stabilization, another factor in reducing heart disease.



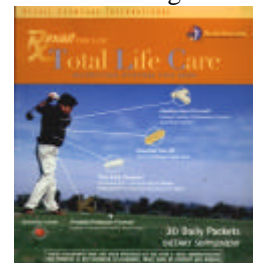
## Lose Weight and Look Great

This revolutionary weight-loss system includes six of the most powerful products available, organized into convenient AM, Noon, and PM packets. **EnRich & Thin™ Burn** activates the natural fat-burning process, helps control appetite, and promotes strong, healthy metabolism. **EnRich & Thin™ Build** contains 100 percent or more of the RDA for 11 essential vitamins for metabolism and free radical protection, **ChitoRich®** binds more than several times its weight in dietary fat, supports a healthy circulatory system, and helps the body maintain normal function of digestion and elimination. **EqualLEAN™** helps reduce the uptake of dietary carbohydrates and supports healthy blood sugar metabolism.



## Fight Cancer

**TLC (Total Life Care)** is a gender specific, convenient daily foil packet containing patented Calcium D-gluconate. Discovered at the MD Anderson Cancer Center, this compound has been shown to reduce and eliminate breast, lung and other common cancers. Each foil packet also contains newly discovered heart health supplements, urinary tract health supplements and a daily multivitamin.



\* Review the reverse sheet for a sample of some of the health challenges addressed by our extensive product line, including Dr. Lonky's and Dr. Murphy's recommended product solutions. Please refer to the Unicity Product Catalog for a complete listing of our products.

# Health Challenges - Product Solutions

Susan Ehrlich, M.S.; Stewart Lonky, M.D.; and Franklin Murphy, M.D.

*Everyone should take these basic products every day.*

## Men

**Total Life Care for Men  
Rx for Life Daily Basics®**

## Women

**Total Life Care for Women  
Rx for Life Daily Basics®**

If you have a personal health challenge or family history of health problems, consult the *Health and Wellness Guide* below to add an additional layer of protection to your daily supplement regimen.

### Health and Wellness

Acid Indigestion	Intern•Ol®
Allergies	Defend•Ol®
Anti-Aging	EnJuvenate™
	Dr. Berman's Retinol Serum
	Dr. Berman's Eye Mask
	Dr. Berman's Aboriginal Gold™
	Dr. Berman's Mineral Mask
	Dr. Berman's RxA3 Creme
Arthritis	C.M. Plex™
Asthma	Defend•Ol®
	OsteoBasics Companion Pack
Breast Health	Women's Formula Plus
Cancer Prevention	Men's/Women's Formula Plus
	Total Life Care™
Children's Health	Meta•Essent•Ol®
	Children's Essentials
Constipation and	Nature's Tea®
Cleansing	MultiFiber TLC
Fatigue	Optimal Performance™
	Herbal Voltage™
	EnJuvenate™
Gas and Bloating	Enzygen
Gum Health &Teeth	Orarex®
Heart Health	Rx for Life Cellular Essentials®
Cholesterol	Bios Life 2® Nutrient fiber drink
Hypertension	Rx for Life Cellular Essentials®
Circulation	Vascular Complete™
Heart Failure	Cardio Essentials®
	Essential Fish Oil
Insomnia	Calmplex 2000®
Immune System	Immunizen®
	Liver Essentials™
Macular Degeneration	VISUtein
Meal Replacement	Meal Replacement Drink
	ProPortion Bars
Mental Function	CognoBlend™
Memory	Clear Thoughts™
Mental Focus	Calmplex 2000®
Mood	Balance Blend

Migraines  
Menopause

Muscular Pain  
Osteoporosis  
Parasites  
PMS  
Prostate Health  
Sexual Enhancement  
Smoking Cessation  
Sore Throat  
Stress  
Varicose Veins  
Vision Health  
Weight Control

Defend•Ol® (eliminate toxins)  
MenoBasics Companion Pack  
Wild Yam Cream  
Red Clover Plus Extract  
Traumex®  
Osteo Essentials  
Paraway Pack™  
PMS Balance  
Men's Formula Plus  
LoveRx™  
Smokease®  
Relieve•Ol® Lozenges  
Calmplex 2000®  
Vascular Complete™  
VISUtein  
BodySynergy™ Anti-Craving  
BodySynergy™ Meal Replacement  
EnRich & Thin™ System  
EnRich & Thin™ Burn  
Bios Life 2® nutrient fiber drink

### Sports Nutrition and Fitness

Power Charge Your Workout	Carb Explosion!
Build Your Muscle Strength	Createine Now!
Hydrate During Training	LowOz™
Accelerate Muscle Recovery	MyoCap P.M.™
Mentally Focus For Training	Power Generation™
The Ultimate Protein Drink	Quad-Plex™
Turn Your Bath Into A Spa	Vapor Bath

### Beauty and Aesthetics

Cleanse, Tone & Moisturize	E International™ Facial Skin Care
Soothe & Heal Your Skin	Dr. Berman's Aboriginal Gold
Give Yourself A Face Lift!	Dr. Berman's Mineral Mask
Pamper Your Senses	Aromatherapy Spa Kit (Lavender)
Safeguard Natural Beauty	E International Sun Protection Kit
Get the Wrinkles Out	Dr. Berman's Retinol Serum
Soothe Puffy Eyes	Dr. Berman's Eye Mask
Deep Skin Exfoliant	Dr. Berman's RxA3 Cream

Due to individual body chemistry, results vary. No guarantees, expressed or implied, are made and the various potential benefits to be derived from using these products are not meant as guarantees. Please consult your health care provider before beginning any diet or supplementation program or regarding medical symptoms. Compliance is essential to obtain optimum results. Please direct questions to your Unicity representative or the Unicity Care Center at 561-994-2090. **PRODUCTS CARRY A 30-DAY, MONEY-BACK GUARANTEE.**